

FOR IMMEDIATE RELEASE

## Has Moving Affected Your Life?

PRINCETON, NJ. Just moved? Women new to the area are invited to join “Moving On After Moving In,” a one-semester study designed to help in the process of letting go, starting over, and moving ahead with your life after a move. Cheryl Mart will lead this new weekly study starting Tuesday, September 20, 7 to 8:30 p.m. at Princeton United Methodist Church (PUMC), located at Nassau and Vandeventer in Princeton.

Women do not need to attend the church to attend the free classes, which involve videos, reading, and discussion ([www.justmoved.org](http://www.justmoved.org)). For more details, contact Cheryl by Email [movingon@princetonumc.org](mailto:movingon@princetonumc.org).

Ms. Mart, a registered nurse who had led a busy life in Texas, relocated to the Princeton area with her husband Robert last year. After her busy life working at a non-profit healthcare agency and volunteering in her church and community, she had a difficult transition; the hardest part was leaving behind their married children. “I found encouragement in the book ‘After the Boxes are Unpacked’ by Susan Miller,” she says. “It helped me grow in my relationship with Christ and to establish roots in my new church and community. It is my hope that by offering this study, we can reach out to those who are struggling with similar issues.”

“We offer a variety of adult education opportunities, including classes and small groups held on Sundays and during the week, and we are delighted to offer this study for newcomers,” says Rev. Jana Purkis-Brash, senior pastor.

PUMC is a diverse congregation whose members come from many surrounding communities, backgrounds and faiths. For information call 609-924-2613 or [www.princetonumc.org](http://www.princetonumc.org).

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Calendar listing:

Tuesday, September 20, 7 p.m.: For Newcomers: “Moving On After Moving In” weekly study, led by Cheryl Mart at Princeton United Methodist Church, Nassau and Vandeventer in Princeton. Call 609-924-2613 or 609-921-0730 or Email: [movingon@princetonumc.org](mailto:movingon@princetonumc.org).

FOR INFORMATION

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Rev. Jana-Purkis Brash

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